



# lemon poppy kitchen



## BREAKFAST ALL DAY

### OG BISCUIT SANDWICH • 7.5

One egg, fried or scrambled, roasted tomato, aged English cheddar, on our house-made buttermilk biscuit with butter and jam

add avo +2 add bacon or sausage +2



### EL BURRITO • 10

Scrambled eggs, potatoes, onions, red peppers, avocado, pepper jack, pickled red onion and jalapeno, in a flour tortilla served with our house made salsa and sour cream

add bacon or sausage +2



### CALI SCRAMBLE • 12

Scrambled eggs with crimini mushrooms, spinach, onions, swiss cheese, garlic thyme butter, served with toast and our awesome house jam

substitute biscuit for toast +2

### BROCCOLI CHEDDAR SCRAMBLE • 12

Scrambled eggs with broccoli florets, aged English cheddar, red peppers, onions, garlic thyme butter, served with toast and our awesome house jam

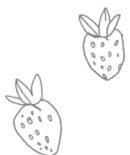
substitute biscuit for toast +2



## SIDES & EXTRAS

- Maple chicken breakfast sausage • 5
- Bacon • 5
- Egg • 2 • Whites • 3
- Home fries, onions and peppers • 4
- Fresh fruit • 5

## SMOOTHIES • 7



- **The Blue** – Blueberries, banana, o.j, and almond milk or yogurt
- **The Red** – Strawberries, banana, o.j, and almond milk or yogurt
- **The Green** – Kale, banana, o.j, and almond milk or yogurt
- **Mango Piña** – Mango, Pineapple, banana, o.j, and almond milk or yogurt
- **Power Peach** – Peaches, with flax, chia, almonds, banana, almond milk • 8.5
- **Acai Power** – Acai berries, pineapple, banana, o.j, coconut milk, almonds, chia, flax • 9



### CAULIFLOWER HASH • 13

Roasted cauliflower, parsnip and tomatoes, smoked paprika, crispy shallots, herbed garlic lemon pesto and two eggs fried or scrambled

**GF + Dairy Free**

### SWEET POTATO BOWL • 13

Roasted sweet potatoes, red peppers, kale, onions, maple chicken breakfast sausage, two eggs fried or scrambled

**GF + Dairy Free**

### ROAST PORK HASH • 13

House roasted pork shoulder with our blend of spices, potatoes, onions, red peppers, carrot cabbage vinegar slaw, two fried eggs

**GF + Dairy Free**



### THE BASIC • 14

Two eggs fried or scrambled, bacon or maple chicken breakfast sausage, home fries, served with toast and our awesome house jam. substitute biscuit for toast +2

### FRENCH TOAST • 13

Thick sliced ciabatta with fresh fruit, real maple syrup and whipped mascarpone

### QUINOA PORRIDGE • 10

Organic quinoa simmered in almond and coconut milks with chia seeds, maple syrup, coconut flakes, berries, toasted pecans, served refreshingly chilled

**GF + Vegan**

**Vegan?** Substitute turmeric tofu scramble for eggs • 2

- Toast & jam (multigrain, sourdough, sunflower) • 3
- Gluten free **GF** toast available on request +1
- Substitute leafy greens for toast on any dish
- Leafy greens, champagne vinaigrette, croutons • 4
- Mustard cabbage slaw • 4
- Classic potato salad • 4



**Power Up!** – Add flax, chia, almonds to any smoothie • 1.50