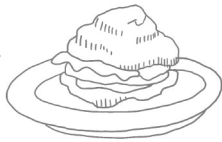


# lemon poppy kitchen

## BREAKFAST ALL DAY



### OG BISCUIT SANDWICH • 7

One egg, fried or scrambled, tomato, English cheddar, on our house made buttermilk biscuit with butter and jam

add avo +1 add bacon or sausage +2

### MIGAS PARA AMIGAS • 11

Scrambled eggs with crispy corn tortillas, onions, red and green peppers, pepper jack cheese, with sour cream and salsa **GF**

### THE BREAKFAST SANDWICH • 8



Two eggs, fried or scrambled, roasted tomato, avocado, English cheddar, on your choice of toast

add avo +1 add bacon or sausage +2

### PLACHINTA BREAKFAST • 11

Feta dill or potato red chili plachinta with marinated kale, maple chicken sausage, two fried eggs and sour cream on the side

### POLENTA CAKES & EGGS • 9.5

Polenta cakes (cornmeal, feta, herbs) with collard greens, roasted tomatoes, two eggs fried or scrambled. **GF**



## SIDES & EXTRAS

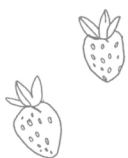
- Maple chicken sausage • 5
- Bacon • 5
- Turkey bacon • 4
- Egg • 2 • Whites • 3
- Home fries, onions and peppers • 4
- Toast & jam (multigrain, sourdough, sunflower) • 3
- Gluten free **GF** toast available on request +1
- Substitute leafy greens for toast on any dish
- Mustard cabbage slaw • 4
- Leafy greens, champagne vinaigrette, croutons • 4
- Fresh fruit • 5
- Classic potato salad • 4



## SMOOTHIES • 6.5

**Power Up!** – Add flax, chia, almonds to any smoothie • 1.50

- **The Blue** – Blueberries, banana, o.j, and almond milk or yogurt
- **The Red** – Strawberries, banana, o.j, and almond milk or yogurt
- **The Green** – Kale, banana, o.j, and almond milk or yogurt
- **Mango Piña** – Mango, Pineapple, banana, o.j, and almond milk or yogurt
- **Power Peach** – Peaches, with flax, chia, almonds, banana, almond milk • 8
- **Acai Power** – Acai berries, pineapple, banana, o.j., coconut milk, almonds, chia, flax • 8



See our menu board for new smoothies, frescas, and other special offerings

# LUNCH STARTS AT 11AM



All lunch items served with your choice of side - Mustard Cabbage Slaw • Classic Potato Salad • Leafy Greens with Champagne Vinaigrette & Croutons • Fresh Fruit +2

## COBB SALAD • 11

Smoked turkey, bacon, blue cheese, hard boiled egg, green leaf lettuce, cherry tomato, cucumbers with a buttermilk blue cheese dressing

## MUSHROOM CAPRESE MELT • 11

Roasted portobello mushroom with roasted tomato, mozzarella, spinach walnut pesto on toasted ciabatta

## WALDORF SALAD SANDWICH • 11

Roast chicken with toasted walnuts, red grapes, green apple, celery, onions, green leaf lettuce, sliced tomato, aioli, served on a seeded roll

## TUNA OF THE SEA MELT • 11

Albacore tuna, aioli, green onion, celery, carrots, sliced tomato, melted swiss, on sunflower poppy seed toast

## TURKEY & AVOCADO SANDWICH • 10.5

Sliced smoked turkey breast, provolone, avocado, sliced tomato, green leaf lettuce, aioli and mustard, on sourdough or multigrain toast

## ANTIPASTO SALAD • 11

Genoa salami, spicy capicola, pepperoni, provolone, marinated artichokes, cherry tomato, red onion, green leaf lettuce with italian dressing

## MEDITERRANEAN CHICKEN BURGER • 10.5

Chicken spiced with preserved lemons and red pepper, yogurt, herbed feta, greens, tomato, on ciabatta

## CUBANO MELT • 12

Roast pork shoulder, spicy capicola, swiss cheese, bread and butter pickles, mustard slaw, aioli, on a seeded roll



## BEVERAGES

See the board for our pour over coffee selection • Market Price

## ICED COFFEE COLD-BREWED • 4

by Cafecito Organico. (Order it Admiral style: with milk and honey!) Refills: \$2

## HOUSE DRIP COFFEE - SEASONAL • 3.25

by Cafecito Organico - full bodied, city roast

## HOT TEA & ICED TEA COLD-BREWED • 3.50

Selection of teas from China, India & Japan

## HANDMADE SODA • 3.50

House-made syrups poured over ice with mineral water

- Ginger Lime
- Lemonade
- Turmeric Ginger Lemon



## KIDS MENU!

Grilled cheese on sourdough • 7

Scrambled eggs with cheddar, toast, jam and butter • 7



Did you know that we make almost everything in house? When we source, we keep it local: Bread Lounge, Cafecito Organico, Intelligentsia, and Buzzed Honeys!